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## Editor's quiz: GI snapshot

Robin Spiller, *Editor*

### A Crohn's disease patient with pustules and fever

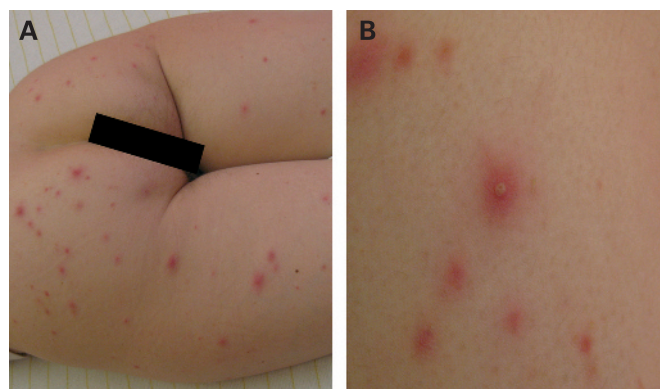
#### CLINICAL PRESENTATION

A woman in her thirties was recently diagnosed with Crohn's disease involving the oesophagus and colon. In addition, she had aphthous mouth ulcers and peri-anal fistulas. She was successfully treated with steroids, 6-mercaptopurine (6-MP) and infliximab. Two months later she presented with a flare-up of disease and recurrence of the mouth ulcers. In addition, she had fever up to 39°C, arthralgias and pustules on her back and buttocks (fig 1). Blood tests revealed an erythrocyte sedimentation rate (ESR) of 44 mm/h, C-reactive protein (CRP) of 65 mg/l and leucocytes of 13×10<sup>9</sup>/litre. Blood, urinary and stool cultures as well as chest x ray did not reveal an infectious cause of the fever. Withdrawal of the 6-MP had no effect on the fever. The fistulas were not active upon magnetic resonance imaging (MRI). Joints were tender but not swollen. Dermatological investigation showed multiple purulent pustules. Cultures of the pustules were negative whereas skin biopsy showed a predominantly neutrophilic infiltrate of the dermis with admixture of histiocytes and lymphocytes.

#### QUESTIONS

- (1) What skin lesions are shown here?
- (2) What is the diagnosis?

See page 1564 for the answer



**Figure 1** Pustular skin lesions (A); detail (B).

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## Editor's quiz: GI snapshot

### ANSWER

From the question on page 1537

The patient was diagnosed with the bowel-associated dermatosis arthritis syndrome (BADAS). It was first described in patients undergoing ileojejunal bypass surgery for morbid obesity<sup>1</sup> and since then in various other intestinal disorders,<sup>2</sup> including occasionally in inflammatory bowel disease (IBD).<sup>3–4</sup> Clinical presentation is heterogeneous, but is usually characterised by sterile pustular skin lesions, fever, diarrhoea, arthritis, and eye inflammation. The symptoms generally disappear once the intestinal manifestations ameliorate. Skin lesions characteristically consist of small erythematous lesions with a perivascular neutrophilic infiltrate and dermal oedema (fig 1). Histological features however are non-specific and clinical history is essential for a correct diagnosis. The aetiology is believed to be related to bacterial overgrowth leading to the formation and deposition in skin and synovia of circulating immune complexes and subsequent activation of neutrophilic granulocytes.<sup>5</sup>

As in this patient, BADAS usually responds well to high-dose steroids. It may also respond to antibiotics. Antibiotics have been reported to be beneficial in up to 50% of patients with BADAS after bypass surgery, although the response has been inconsistent.<sup>6</sup> As far as we know, the therapeutic effect of antibiotics in patients with IBD and BADAS has not been evaluated. Since the pathophysiology is presumed to be similar in both disease entities, a course of antibiotics could be tried in

patients with IBD and BADAS. The patient presented here had no clinical manifestations that might predispose her to bacterial overgrowth; however, she was not formally tested to exclude this possibility. Given the severity of her symptoms, treatment was initiated with high-dose corticosteroids (40 mg prednisolone/day). The fever disappeared instantly while the skin manifestations completely resolved within 1 week. Steroids were slowly tapered and symptoms have not recurred since then.

In conclusion, it is important to consider the possibility of a BADAS in patients with IBD who have unexplained fever and skin lesions because treatment may lead to prompt resolution of the symptoms and prevent an exhaustive search for other causes of fever.

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**Figure 1** Haematoxylin & eosin stained photomicrograph of the dermis and epidermis demonstrating a perivascular and perifollicular neutrophilic infiltrate. Magnification: (A)  $\times 2.5$ ; (B)  $\times 20$ .

