

# Contents

---

Chapter 1.	General Introduction	7
<b>Part 1.</b>	<b>Examining the parallel health and business interest of organisational health interventions</b>	
Chapter 2.	Vitality at work and its associations with lifestyle, self-determination, organizational culture, and with employees' performance and sustainable employability	27
Chapter 3.	The Associations Between Organizational Social Capital, Perceived Health, and Employees' Performance in Two Dutch Companies	51
Chapter 4.	Motivations for health and their associations with lifestyle, work style, health, vitality, and employee productivity	73
<b>Part 2.</b>	<b>Embedding health within companies</b>	
Chapter 5.	A value case methodology to enable a transition towards generative health management A case study from The Netherlands	97
Chapter 6.	The organizational benefits of investing in workplace health	125
Chapter 7.	The core values that support health, safety and well-being at work	151
<b>Part 3.</b>	<b>Developing, applying and evaluating an organisation-specific intervention</b>	
Chapter 8.	Determining organisation-specific factors for developing health interventions in companies by a Delphi procedure: Organisational Mapping	181
Chapter 9.	Inducing a health-promoting change process within an organization: The effectiveness of a Large-Scale-Intervention on social capital, on openness and autonomous motivation towards health	203
Chapter 10.	General discussion	229

Summary	255
Samenvatting	265
About the author	275
List of publications	277
Dankwoord	281