

CONTENTS

Chapter 1	Introduction	7
Chapter 2	Predictive indicators of preoperative physical fitness on the incidence of cardiopulmonary complications after abdominal and non-cardiac thoracic surgery: a meta-analysis	19
Chapter 3	The association of preoperative physical fitness and physical activity with outcome after scheduled major abdominal surgery	37
Chapter 4	Linear and nonlinear analyses of respiratory patterns in preoperative evaluation	51
Chapter 5	Prevention of pulmonary complications after upper abdominal surgery by preoperative intensive inspiratory muscle training: a randomized controlled pilot study	63
Chapter 6	Preoperative therapeutic programme for elderly patients scheduled for elective abdominal oncological surgery: a randomized controlled pilot study	79
Chapter 7	General discussion	95
	Summary	107
	Nederlandse samenvatting	113
	Dankwoord	119
	Over de auteur	125