

CONTENTS

| | | |
|----------------------|---|-----|
| Chapter 1. | General introduction | 7 |
| Chapter 2. | The effects of workplace stressors on muscle activity in the neck-shoulder and forearm muscles during computer work: a systematic review and meta-analysis | 21 |
| Chapter 3. | Observed differences in upper extremity forces, muscle efforts, postures, velocities, and accelerations across computer activities in a field study of office workers | 59 |
| Chapter 4. | The effect of over-commitment and reward on trapezius muscle activity and shoulder, head, neck, and torso postures during computer use in the field | 81 |
| Chapter 5. | The effect of overcommitment and reward on muscle activity, posture, and forces in the arm-wrist-hand region – a field study among office workers | 103 |
| Chapter 6. | Office workers' computer use patterns are associated with workplace stressors | 127 |
| Chapter 7. | Predicting forearm physical exposures during computer work using self-reports, software-recorded computer usage patterns, and anthropometric and workstation measurements | 149 |
| Chapter 8. | Predicted physical exposures during computer use are related to neck-shoulder and arm-wrist-hand symptoms in a large cohort of office workers | 177 |
| Chapter 9. | General discussion | 197 |
| Summary | | 216 |
| Samenvatting | | 221 |
| Dankwoord | | 227 |
| About the author | | 230 |
| List of publications | | 231 |