

This thesis provides information on a study on the physical fitness of children with cancer during and shortly after cancer treatment. It presents the design and effects of a new 12-week intervention program, which includes physical exercise and psychosocial training sessions. In addition, this thesis gives insight into the cost-effectiveness of the program and the willingness of children and their parents to participate in the trial.

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THE Q_LIM STUDY

Improving physical fitness in children with cancer:
a steep mountain to climb

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