



Tessa van der Maaden (1986) conducted the research presented in this thesis at the Department of General Practice & Elderly Care Medicine, at the EMGO Institute for Health and Care Research of the VU University Medical Center in Amsterdam

In previous research, pneumonia in nursing home residents with dementia has been associated with severe discomfort. The research presented in this thesis addressed the PneuMonitor study, which aimed at describing and reducing discomfort and symptoms for nursing home residents with dementia and pneumonia.

The study first describes the development of an evidence and consensus based practice guideline for optimal symptom relief specifically for nursing home residents with dementia and pneumonia. Subsequently, the effectiveness and the implementation of the practice guideline were evaluated in a randomized controlled trial in 32 nursing homes.

Improving comfort in nursing home residents with dementia and pneumonia Tessa van der Maaden

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Development, implementation and evaluation of a practice guideline for optimal symptom relief

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