

Anneke van Schaik
Medical Specialist, Associate Professor
Psychiatry
Psychiatry
Amsterdam Public Health - Mental Health
Amsterdam Public Health - Mental Health



Digna JF ('Anneke') van Schaik is associate Professor of Psychiatry at VU University Medical Centre, Amsterdam. She is working as a psychiatrist at the outpatient academic clinic for depressive disorders of GGZ inGeest in Amsterdam. Anneke van Schaik studied Medicine at the Rijksuniversiteit Utrecht, and specialized in Psychiatry at the Valeriuskliniek (VU University Medical Center) in Amsterdam (1992). In 2006 she obtained her PhD on 'Interpersonal Psychotherapy for late life depression in general practice' . She has a special interest in depression intervention studies with a focus on e-mental health , chronic depression, psychotherapy and transcultural psychiatry.

Employment

Associate Professor

Psychiatry
VU University medical center
1 Aug 2017 → present

Medical Specialist

Psychiatry
VU University medical center
1 Jan 2019 → 31 Dec 9999

Associate Professor

Amsterdam Public Health - Mental Health
VU University medical center
1 Aug 2017 → present

Associate Professor

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1 Jan 2017 → present

Psychiatrist

GGZ inGeest Amsterdam, Netherlands

Research outputs

The impact of depression and anxiety treatment on biological aging and metabolic stress: study protocol of the MOod treatment with antidepressants or running (MOTAR) study

Lever-van Milligen, B. A., Verhoeven, J. E., Schmaal, L., van Velzen, L. S., Révész, D., Black, C. N., Han, L. K. M., Horsfall, M., Batelaan, N. M., van Balkom, A. J. L. M., van Schaik, D. J. F., van Oppen, P. & Penninx, B. W. J. H., 30 Dec 2019, In : BMC Psychiatry. 19, 1, p. 425

Why Uptake of Blended Internet-Based Interventions for Depression Is Challenging: A Qualitative Study on Therapists' Perspectives

Mol, M., van Genugten, C., Dozeman, E., van Schaik, D. J. F., Draisma, S., Riper, H. & Smit, J. H., 30 Dec 2019, In : Journal of Clinical Medicine. 9, 1

Supported self-help to prevent relapse or recurrence of depression: Who benefits most?

Dijkstra-Kersten, S. MA., Biesheuvel-Leliefeld, K. EM., van der Wouden, J. C., van Schaik, D. JF., Bosmans, J. E., van Marwijk, H. WJ. & van der Horst, H. E., 1 Oct 2019, In : Journal of Affective Disorders. 257, p. 180-186 7 p.

The decision tool unipolar depression (DTUD): a new measure to facilitate the early identification of patients with major depressive disorder in need of highly specialized care

van Krugten, F. C. W., Goorden, M., van Balkom, A. J. L. M., van Oppen, P., van Schaik, D. J. F., Brouwer, W. B. F., Hakkaart-van Roijen, L., Decision Tool Unipolar Depression Consortium, Bockting, C. L. H., van den Boogaard, T. M., Ruhe, H. G., Peeters, F. P. M. L., Spijker, J., Huijs, P. A. J. M., Loo, M. A. J. M., Van, H. L., Broekema, W. J. & van't Hijs-van't Hoog, A. E., 11 Jun 2019, In : BMC Psychiatry. 19, 1, p. 179

Preventive cognitive therapy versus care as usual in cognitive behavioral therapy responders: A randomized controlled trial

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Linking childhood emotional abuse and depressive symptoms: The role of emotion dysregulation and interpersonal problems

Christ, C., De Waal, M. M., Dekker, J. J. M., van Kuijk, I., Van Schaik, D. J. F., Kikkert, M. J., Goudriaan, A. E., Beekman, A. T. F. & Messman-Moore, T. L., 1 Feb 2019, In : PLoS ONE. 14, 2, e0211882.

Web-based stress management program for university students in Indonesia: Systematic cultural adaptation and protocol for a feasibility study

Juniar, D., van Ballegooijen, W., Karyotaki, E., van Schaik, A., Passchier, J., Heber, E., Lehr, D., Sadarjoen, S. S. & Riper, H., 25 Jan 2019, In : JMIR: Research protocols. 8, 1, p. e11493

Mental disorders and the risk of adult violent and psychological victimisation: a prospective, population-based study

Christ, C., Ten Have, M., de Graaf, R., van Schaik, D. J. F., Kikkert, M. J., Dekker, J. J. M. & Beekman, A. T. F., 17 Jan 2019, In : Epidemiology and Psychiatric Sciences. 29, e13.

Begeleide web-based interventie voor slaapproblemen (I-Sleep) bij patiënten met een depressie in de ambulante gespecialiseerde ggz: Een pilotstudie

Dozeman, E., Van Straten, A., Van Genugten, C. R. & Van Schaik, D. J. F., 1 Jan 2019, In : Tijdschrift voor Psychiatrie. 61, 10, p. 683-691 9 p.

Unraveling the black box: Exploring usage patterns of a blended treatment for depression in a multicenter study

Kemmeren, L. L., van Schaik, D. J. F., Smit, J. H., Ruwaard, J., Rocha, A., Henriques, M. R., Ebert, D. D., Titzler, I., Hazo, J-B., Dorsey, M., Zukowska, K. & Riper, H., 1 Jan 2019, In : Journal of Medical Internet Research. 21, 7, e12707.

Patient preferences for a guided self-help programme to prevent relapse in anxiety or depression: A discrete choice experiment

Muntingh, A. D. T., Hoogendoorn, A. W., van Schaik, D. J. F., van Straten, A., Stolk, E. A., van Balkom, A. J. L. M. & Batelaan, N. M., 2019, In : PLoS ONE. 14, 7, e0219588.

Prevalence and predictors of violent victimization in remitted patients with recurrent depression

Christ, C., de Jonge, M., Bockting, C. L. H., Kikkert, M. J., van Schaik, D. J. F., Beekman, A. T. F. & Dekker, J. J. M., 1 Oct 2018, In : Journal of Affective Disorders. 238, p. 405-411 7 p.

Prevention of violent revictimization in depressed patients with an add-on internet-based emotion regulation training (iERT): Study protocol for a multicenter randomized controlled trial

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A supported self-help for recurrent depression in primary care; An economic evaluation alongside a multi-center randomised controlled trial

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Behind the scenes of online therapeutic feedback in blended therapy for depression: Mixed-methods observational study
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The effects of using the PReDicT Test to guide the antidepressant treatment of depressed patients: Study protocol for a randomised controlled trial

Kingslake, J., Dias, R., Dawson, G. R., Simon, J., Goodwin, G. M., Harmer, C. J., Morriss, R., Brown, S., Guo, B., Dourish, C. T., Ruhé, H. G., Lever, A. G., Veltman, D. J., van Schaik, A., Deckert, J., Reif, A., Ståblein, M., Menke, A., Gorwood, P., Voegeli, G. & 2 others, Pérez, V. & Browning, M., 23 Nov 2017, In : Trials. 18, 1, 558.

Effectiveness of Supported Self-Help in Recurrent Depression: A Randomized Controlled Trial in Primary Care

Biesheuvel-Leliefeld, K. E. M., Dijkstra-Kersten, S. M. A., Van Schaik, D. J. F., Van Marwijk, H. W. J., Smit, F., Van Der Horst, H. E. & Bockting, C. L. H., 1 Jul 2017, In : Psychotherapy and Psychosomatics. 86, 4, p. 220-230 11 p.

Identification of Childhood Abuse in Patients with Late-Life Depression May Help to Optimize Treatment

Schramm, E. & van Schaik, A., 1 Jun 2017, In : American Journal of Geriatric Psychiatry. 25, 6, p. 644-645 2 p.

Feasibility and Effectiveness of Memory Specificity Training in Depressed Outpatients: A Pilot Study

Eigenhuis, E., Seldenrijk, A., van Schaik, A., Raes, F. & van Oppen, P., 1 Jan 2017, In : Clinical Psychology and Psychotherapy. 24, 1, p. 269-277 9 p.

The therapist's role in the implementation of internet-based cognitive behavioural therapy for patients with depression: study protocol

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Non-fatal disease burden for subtypes of depressive disorder: population-based epidemiological study

Biesheuvel-Leliefeld, K. E. M., Kok, G. D., Bockting, C. L. H., de Graaf, R., ten Have, M., van der Horst, H. E., van Schaik, DJ., van Marwijk, H. W. J. & Smit, F., 12 May 2016, In : BMC Psychiatry. 16

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Kemmeren, L. L., van Schaik, D. J. F., Riper, H., Kleiboer, A. M., Bosmans, J. E. & Smit, J., 21 Apr 2016, In : BMC Psychiatry. 16, p. 113

Discontinuation of antidepressant medication after mindfulness-based cognitive therapy for recurrent depression: randomised controlled non-inferiority trial

Huijbers, M. J., Spinhoven, P., Spijker, J., Ruhe, H. G., van Schaik, DJ., van Oppen, P., Nolen, W. A., Ormel, J., Kuyken, W., van der Wilt, G. J., Blom, M. B. J., Schene, A. H., Donders, A. R. T. & Speckens, A. E. M., Apr 2016, In : British Journal of Psychiatry. 208, 4, p. 366+

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Adding mindfulness-based cognitive therapy to maintenance antidepressant medication for prevention of relapse/recurrence in major depressive disorder: Randomised controlled trial

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Depression, anxiety and 6-year risk of cardiovascular disease

Seldenrijk, A., Vogelzangs, N., Batelaan, N. M., Wieman, I., van Schaik, D. J. F. & Penninx, B. W. J. H., 2015, In : Journal of Psychosomatic Research. 78, 2, p. 123-129

Implementing and up-scaling evidence-based eMental health in Europe: The study protocol for the MasterMind project

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The influence of acculturation on mental health and specialized mental healthcare for non-western migrants

Nap, A. W., van Loon, A., Peen, J., van Schaik, D. J. F., Beekman, A. T. F. & Dekker, J. J. M., 2015, In : International Journal of Social Psychiatry. 61, 6, p. 530-538

Cost-effectiveness of a stepped care programme to prevent depression and anxiety in residents in homes for the older people: a randomised controlled trial

Bosmans, J. E., Dozeman, E., van Marwijk, H. W. J., van Schaik, D. J. F., Stek, M. L., Beekman, A. T. F. & van der Horst, H. E., 2014, In : International Journal of Geriatric Psychiatry. 29, 2, p. 182-190

Do soldiers seek more mental health care after deployment? Analysis of mental health consultations in the Netherlands Armed Forces following deployment to Afghanistan

Taal, E. M., Vermetten, E., van Schaik, D. J. F. & Leenstra, T., 2014, In : European Journal of Psychotraumatology. 5, 23667.

Preventing depression in homes for older adults: are effects sustained over 2 years?

van Schaik, D. J. F., Dozeman, E., van Marwijk, H. W. J., Stek, M. L., Smit, H. F. E., Beekman, A. T. F. & van der Horst, H. E., 2014, In : International Journal of Geriatric Psychiatry. 29, 2, p. 191-197

The effectiveness of the cognitive behavioral analysis system of psychotherapy for chronic depression: A randomized controlled trial

Wiersma, J. E., van Schaik, D. J. F., Hoogendoorn, A. W., Dekker, J. J. M., Van, H. L., Schoevers, R. A., Blom, M. B. J., Maas, K., Smit, J. H., McCullough, J. P., Beekman, A. T. F. & van Oppen, P. C., 2014, In : Psychotherapy and Psychosomatics. 83, 5, p. 263-269

Bridging the gap for ethnic minority adult outpatients with depression and anxiety disorders by culturally adapted treatments

van Loon, A., van Schaik, A. M. C. G., Dekker, J. J. M. & Beekman, A., 2013, In : Journal of Affective Disorders. 147, 1-3, p. 9-16

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Preventie van depressie en angst in verzorgingshuizen.

Dozeman, E., van Marwijk, H. W., van Schaik, A. M. C. G., Smit, H. F. E., Stek, M. L., van der Horst, H., Bohlmeijer, E. & Beekman, A., 2013, In : Huisarts en Wetenschap. 56, 4, p. 154-158

Contradictory effects for prevention of depression and anxiety in residents in homes for the elderly: a pragmatic randomized controlled trial

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Cost-effectiveness of nurse-led self-help for recurrent depression in the primary care setting: design of a pragmatic randomized trial

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Preventing relapse in recurrent depression using mindfulness-based cognitive therapy, antidepressant medication or the combination: trial design and protocol of the MOMENT study

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The Center for Epidemiological Studies Depression Scale (CES-D) is an adequate screening instrument for depressive and anxiety disorders in a very old population living in residential homes

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Patients' preferences in the treatment of depressive disorder in primary care

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