

Employment

Full Professor

Public and occupational health

VU University medical center

1 May 2021 → 30 Apr 2022

Research outputs

Personality traits as predictors of exercise treatment adherence in major depressive disorder: lessons from a randomised clinical trial

Kruisdijk, F., Hopman-Rock, M., Beekman, A. T. F. & Hendriksen, I. J. M., 1 Jan 2020, In: *International Journal of Psychiatry in Clinical Practice*. p. 1-7 7 p.

Activities of daily living in older community-dwelling persons: a systematic review of psychometric properties of instruments

Hopman-Rock, M., van Hirtum, H., de Vreede, P. & Freiburger, E., 1 Jul 2019, In: *Aging Clinical and Experimental Research*. 31, 7, p. 917-925

Bewegen en vitaliteit bij ouderen

Hopman-Rock, M., 14 Jun 2019, In: *Geron*. 21, 1, Vol21, issue 1.

EFFORT-D: Results of a randomised controlled trial testing the EFFECT of running therapy on depression

Kruisdijk, F., Hopman-Rock, M., Beekman, A. T. F. & Hendriksen, I., 10 Jun 2019, In: *BMC Psychiatry*. 19, 1, 170.

EFFORT-D study process evaluation: Challenges in conducting a trial into the effects of running therapy in patients with major depressive disorder

Kruisdijk, F., Hendriksen, I., Tak, E., Beekman, A. J. & Hopman-Rock, M., 24 Feb 2018, In: *Annals of General Psychiatry*. 17, 1, 10.

Measurement of physical activity among older people

Aguilar-Farias, N. & Hopman-Rock, M., 2018, *The Palgrave Handbook of Ageing and Physical Activity Promotion*. Springer International Publishing, p. 631-652 (The Palgrave Handbook of Ageing and Physical Activity Promotion).

Subgrouping and Targeted Exercise programmes for knee and hip Osteoarthritis (STEER OA): a systematic review update and individual participant data meta-analysis protocol

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Changes in disability in older adults with generalized radiographic osteoarthritis: A complex relationship with physical activity

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Physical activity and quality of life in longterm hospitalized patients with severe mental illness: a cross-sectional study

Deenik, J., Kruisdijk, F., Tenback, D., Braakman-Jansen, A., Taal, E., Hopman-Rock, M., Beekman, A., Tak, E. C. P. M., Hendriksen, I. & van Harten, P., 18 Aug 2017, In: *BMC Psychiatry*. 17, 298.

Accelerometer-measured sedentary behaviour and physical activity of inpatients with severe mental illness

Kruisdijk, F., Deenik, J., Tenback, D., Tak, E., Beekman, A. J., van Harten, P., Hopman-Rock, M. & Hendriksen, I., 1 Aug 2017, In: *Psychiatry Research*. 254, p. 67-74 8 p.

The theory of planned behavior and physical activity change: Outcomes of the aging well and healthily intervention program for older adults

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A novel method to promote physical activity among older adults in residential care: An exploratory field study on implicit social norms

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Development and preliminary validation of an Observation List for detecting mental disorders and social Problems in the elderly in primary and home care (OLP)

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Hebben wij een blinde vlek voor het belang van bewegen door ouderen? Do we have a blind spot for the importance of physical activity in older adults?

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Equity-specific effects of 26 Dutch obesity-related lifestyle interventions

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Adherence to Exercise Programs and Determinants of Maintenance in Older Adults With Mild Cognitive Impairment

Tak, E. C. P. M., van Uffelen, J. G., Chin A Paw, M. J. M., van Mechelen, W. & Hopman-Rock, M., 2012, In: Journal of Aging and Physical Activity. 20, 1, p. 32-46

Does improved functional performance help to reduce urinary incontinence in institutionalized older women? a multicenter randomized clinical trial

Tak, E. C. P. M., van Hespén, A., van Dommelen, P. & Hopman-Rock, M., 2012, In: BMC Geriatrics. 12, 51.

Do major life events influence physical activity among older adults: the Longitudinal Aging Study Amsterdam

Koeneman, M. A., Chinapaw, M. J., Verheijden, M. W., van Tilburg, T. G., Visser, M., Deeg, D. J. H. & Hopman-Rock, M., 2012, In: International Journal of Behavioral Nutrition and Physical Activity. 9, 147.

Effect of running therapy on depression (EFFORT-D). Design of a randomised controlled trial in adult patients [ISRCTN 1894]

Kruisdijk, F. R., Hendriksen, I. J. M., Tak, E. C. P. M., Beekman, A. T. F. & Hopman-Rock, M., 2012, In: BMC Public Health. 12, 50.

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Hopman-Rock, M., Dusseldorp, E., Chorus, A. M. J., Jacobusse, G., Ruetten, A. & van Buuren, S., 2012, In: Journal of Physical Activity & Health. 9, 1, p. 29-38

What determines walking of older people in their neighborhood?

Hopman-Rock, M., de Vries, S. I., Bakker, J. & Ooijendijk, W. T. M., 2012, In: Open Journal of Preventive Medicine. 02, 03, p. 279-286

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Built environmental correlates of walking and cycling in Dutch urban children: results from the SPACE study

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